



AYSO Region 177

U05 Guidelines 2009 Season

U05 is Co-Ed.

All players will be assigned to a team late summer.

All teams will have uniforms (Jersey, Shorts, & Socks).

All games will be on Saturday at Whaley South.

The only practice time that will be assigned will be Saturdays immediately preceding the assigned game time. Each team will utilize one half of the game field during the allotted practice time. The game will then take place on the same field against the assigned team for the week.

Teams will be allowed to practice during the week, as long as it does not conflict with older teams assigned to that specific field and time. The only practice time that will be specifically designated for your team will be Saturday immediately preceding game time. For most coaches that work, this is easier because they struggle to leave work early for the early practice slots during the week.

We are looking forward to a great U5 season.

Jon Worden
U05 Division Coordinator

Bill Worden
U05-U08 Divisional Commissioner