



## **AYSO Region 177 Flex Extra Program Tryout Guidelines**

1. Tryouts should be conducted to provide ample opportunity for players to participate and should be as fair and objective as possible.
2. A minimum of two (2) tryouts will be held.
3. Regions are to notify all players who tried out as to their status, positive or negative, on the AYSO Flex Extra team within a reasonable amount of time after tryouts are over.
4. A Region Board member must be present at tryouts. Regions that have an established Flex Extra Program must contact the Area Flex Extra Coordinator with tryout dates.
5. All players will wear numbers for tryouts. Evaluations will be as blind as possible.
6. Coaches are strongly encouraged to use a short-sided game format to evaluate players. Coaches may also use additional skill tests.
7. Advanced Certified Coaches or the equivalent (not a parent of a player trying out) will conduct the evaluations that create raw scores. It is advisable that the majority of the evaluators be from outside the region.
8. The AYSO Flex Extra coach should observe all participants during the tryout process.
9. The judges shall choose at least 10 players for divisions U11 and above. For the U10 division, judges will select at least 6 players.
10. Players and families may be eliminated based on lack of commitment or other issues that may negatively impact the team.
11. A reasonable amount of preference shall be given to the coach's child. However, if the coach's child clearly does not qualify based on the talent of the players participating in the tryout, the coach shall immediately report the situation to the Regional Flex Extra Coordinator. The AYSO Flex Extra coach may continue as the coach without their child if he/she chooses, or the Regional Flex Extra Coordinator may appoint a replacement coach of the team with prior Regional Board Approval.
12. Coaches are encouraged to select as large a team as allowed by AYSO rules (U10=??; U11-U14=15 players; U15/U16=18 players).

13. Players may try out for the age group that they are appropriately in and for the age group that is one year older than the age appropriate level that they are in. An 8-year-old may only try out for the U10 team while a 9-year-old may tryout for the U10 and U11 team. If a player does not make any Flex Extra Team that they tried out for, they will be put back into the pool of players for a regular fall season team. If a player tries out for two teams and is picked for both teams, the decision on which team they will play will be left up to the family. An impartial board member will call the family and ask them which one they would like to play on.
14. The AYSO Region 177 Flex Extra TRY OUT GUIDELINES will be used in conjunction with the AYSO Region 177 Flex Extra PROGRAM GUIDELINES.